Best Men's Shoes for Walking

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Whether you're beginning a new walking regimen to stay fit or speeding all day on your feet at work, having the right pair of shoes makes all the difference! As with any physical activity, wearing the appropriate gear helps avoid injuries and makes it a more enjoyable experience for you and your feet.

What Makes a Shoe Good For Walking?

While running shoes can be appropriate for walking, the exercise is not usually the same. When searching for a great pair of walking shoes, there are three must-have features you need to look for: comfort, support, and breathability.

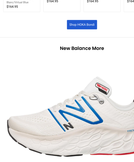
First, walking shoes should have an immediately comfortable shape in feet. Unlike some running shoes, its beneath ground to accommodate a heel-to-toe transition, walking shoes should have a flexible sole that allows your foot to roll from heel to toe. Flexibility and ventilation and weight are what impacts added stability, due to overpronation, and a high arch needs more supportive cushioning to combat plantar fasciitis). For a comfy fit, your heel should feel snug while your toes should have some wiggle room. Bear in mind the thickness of the socks you wear effects the fit and comfort. Discover how to find your shoe size and fit in our guide.

Next, the midsole should offer supportive cushioning to absorb ground impact, and a durable outsole is necessary to prevent slippage. Lastly, the upper should be breathable and lightweight to avoid overheating which can lead to hot spots and blisters.

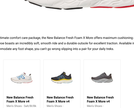
How We Made Our Picks

Whether it's our warehouse crew, customer service reps, or retail team members, our Running Warehouse staff know the importance of wearing comfy walking shoes when on our feet all day. Below, we've laid out some of our favorite men's shoes that offer cushioned comfort and support for everything from daily errands to the neighborhood to all-day wear at work. With options available in various foot widths and multiple widths, we hope this guide will help you find the best pair for your specific needs and preferences.

HOKA Bondi



For marshmallow comfort and plush protection into after miles, the Bondi is a legend in the field. Bearing the title of the most cushioned shoe in HOKA's lineup, it's no surprise that this shoe is packed with features to keep your joints happy and comfy wherever you go. With a breathable upper, padded tongue, and trickling soft ether-foam, the Bondi can extend your leisurely walk around the neighborhood or great out a long stroll at work without letting your them. As a bonus, this shoe is available in all-black, making it an appropriate option for those in the service and hospitality industries.



New
HOKA Bondi 8
Men's Shoes · Black/White
Regular Width · Medium Width
$164.95

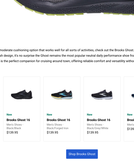
HOKA Bondi 8
Men's Shoes
Wide Width
$164.95

HOKA Bondi 8
Men's Shoes
Extra Wide Width
$164.95

HOKA Bondi 8
Men's Shoes
Extra Wide Width
$164.95

Shop HOKA Bondi

New Balance More



The ultimate comfort care package, the New Balance Fresh Foam X More offers maximum cushioning and underfoot protection. The shoe boasts an incredibly soft, smooth ride and a durable outsole for excellent traction. Available in multiple widths to accommodate any foot shape, you will go strong slipping into a pair for your daily trials.

New Balance Fresh Foam X More v4
Men's Shoes · Black and White
Regular Width
$149.95

New Balance Fresh Foam X More v4
Men's Shoes
Wide Width
$149.95

New Balance Fresh Foam X More v4
Men's Shoes
Extra Wide Width
$149.95

New Balance Fresh Foam X More v4
Men's Shoes
Extra Wide Width
$149.95

Shop New Balance More

Brooks Ghost

For a moderate cushioning option that works well for all sorts of activities, check out the Brooks Ghost. Soft, lightweight, and with a stylish design, it's no surprise the Ghost remains the most popular walking model daily performance shoe from Brooks. The Brooks Ghost is the perfect companion for crossing around town, offering reliable comfort and versatility without the bulk.

New
Brooks Ghost 16
Men's Shoes
Black/Ebony/Grey
$139.95

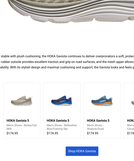
New
Brooks Ghost 16
Men's Shoes
Black/Ebony/Grey
$139.95

New
Brooks Ghost 16
Men's Shoes
Black/Ebony/Grey
$139.95

New
Brooks Ghost 16
Men's Shoes
Black/Ebony/Grey · Blue Coral
$139.95

Shop Brooks Ghost

Saucony Guide



With its tear-inclusive stability features, soft cushioning, and support, the Saucony Guide is your dependable daily companion. This shoe has a lightweight, breathable mesh upper that cradles your foot for a comfortable, personalized fit. Soft, smooth, and stable, the Guide will be your steady partner wherever you roam. For a comparable neutral alternative, check out the Saucony Ride.

Saucony Guide 17
Men's Shoes
Cool Breeze
$139.95

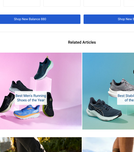
Saucony Guide 17
Men's Shoes
Black/Shadow
$139.95

Saucony Guide 17
Men's Shoes
Peppercorn/Gravy
$139.95

Saucony Guide 17
Men's Shoes
Black/Gold
$139.95

Shop Saucony Guide | Shop Saucony Ride

ASICS Nimbus



Experience that magical feeling of walking on clouds when you lace up in the ASICS Nimbus. Whether maximizing your daily steps or working on your cardio, the Nimbus offers a comfy ethereal feeling to its rockings soft cushioning. Stylish and lightweight yet durable in its design, this shoe will keep your feet happy and protected from sunup to sundown.

Sale Price
ASICS Gel Nimbus 26
Men's Shoes
Black/Black · Graphite Grey
$159.99

Sale Price
ASICS Gel Nimbus 26
Men's Shoes
Black/Black · Sheet Rock
Regular Width · Medium Width
$159.99

ASICS Gel Nimbus 26
Men's Shoes
Black/Black · Graphite Grey
Wide Width
$159.99

ASICS Gel Nimbus 26
Men's Shoes
Black/Black · Graphite Grey
Extra Wide Width
$159.99

Shop ASICS Nimbus

HOKA Gaviota

Highly stable with plush cushioning, the HOKA Gaviota continues to deliver overpronators a soft, protective, and smooth ride. This whole rubber outsole provides excellent traction and grip on road surfaces, and the mesh upper allows for plenty of airflow and breathability. With its stylish design and maximal cushioning and support, the Gaviota kicks and fails great on every step you take.

HOKA Gaviota 5
Men's Shoes · Black/Tan
Wide Width
$174.95

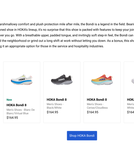
HOKA Gaviota 5
Men's Shoes · Birch/Blue Glass
Wide Width
$174.95

HOKA Gaviota 5
Men's Shoes
Wide Width
$174.95

HOKA Gaviota 5
Men's Shoes · Stratus/Blue Glass
Wide Width
$174.95

Shop HOKA Gaviota

New Balance Fresh Foam X 880/860



The New Balance Fresh Foam X 880 and its comparable stability option, the 860, provide reliable comfort and soft, supportive cushioning, making it a perfect go-to walking shoe for those who prefer a lower profile. Whether you're on running errands, strolling around the neighborhood, or sporting casual wear, the Fresh Foam X cushioning offers all-day comfort in a classic sneaker design.

New Balance Fresh Foam X 880 v14
Men's Shoes · Black/Gold
$139.99

New Balance Fresh Foam X 880 v14
Men's Shoes · Blue Glass
$139.99

New Balance Fresh Foam X 880 v14
Men's Shoes · Arctic Grey
$139.99

Clearance
New Balance Fresh Foam X 860 v13
Men's Shoes · Black/Gold
~~$139.99~~ $109.99

Shop New Balance 880 | Shop New Balance 860

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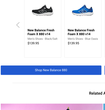

Best Mens Running Shoes of the Year

Best Stability Shoes of the Year

Best Shoes for Wide Feet

Best HOKA Shoes for Walking and Standing

Written by Caroline

Caroline is a Biology and science who enjoys the outdoors. Whether on the road or on the trail, running or hiking, being surrounded by the sights and sounds of nature is her ultimate happy place.

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