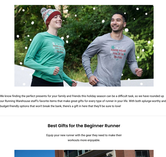
The Best Gifts For Runners in 2024

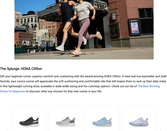
Updated: November 20, 2024 by Caroline Cross



We know finding the perfect presents for your family and friends this holiday season can be a difficult task, so we have rounded up our Running Warehouse staff's favorite items that made great gifts this year. Ease of use or ease of mind, 90-day risk-free sponsorship and budget-friendly options that won't break the bank, there's a gift in here that they'll be sure to excel.

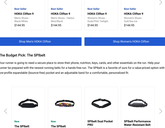
Best Gifts for the Beginner Runner

Enjoy your new runner with the gear they need to make their fantastic first-time enjoyable.



The Splurge: HOKA Clifton

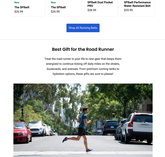
Gift your beginner runner superior comfort and cushioning with the award-winning HOKA Clifton. It's lean and low bearbottle and stiff enough to provide a smooth ride, but soft and flexible enough to feel comfortable on your runner's feet. The Clifton was named "Best Shoe" in the lightweight running shoe, available in wide width sizing and in various options. Check out our list of The Best Running Shoes for Beginners to discover other top choices for that new runner in your life.



Shop Women's HOKA Clifton | Shop Men's HOKA Clifton

The Budget Pick: The Offset

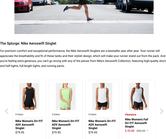
Your runner is going to need a secure place to store their phone, nutrition, keys, cards, and other essentials on the run. Help your runner prepare for their upcoming training cycle by a hands-free run. The Offset is a favorite of ours for a great product option with a low-profile expandable Dyneema fixed pocket and an adjustable band for a comfortable, personalized fit.



Shop All Running Belts

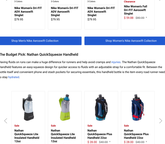
Best Gift for the Road Runner

Treat the road runner in your life to one gear that keeps them energized to continue kicking off long miles on the streets, whether it's a pair of socks, a hydration pack, or a new hydration options, these gifts are sure to please!



The Splurge: Nike Aeroswift Singlet

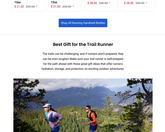
For premium comfort and exceptional performance, the Nike Aeroswift Singlet are a bestseller year after year. Your runner will appreciate the breathability and fit of these tanks and their stylish design, which will make your runner stand out from the pack. And if you're feeling extra generous, you can't go wrong with any of the pieces from Nike's Aeroswift Collection, featuring high-quality shorts and half tights, full-length tights, and running pants.



Shop Men's Nike Aeroswift Collection | Shop Women's Nike Aeroswift Collection

The Budget Pick: Nathan QuickQuivers Handheld

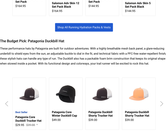
Having flasks or vests can make a huge difference for runners and help avoid cramps and injuries. The Nathan QuickQuivers Handheld features an ergonomic design for quicker access to flasks with an adjustable strap for a comfortable fit. Measure the bottle itself and underneath phone and shell pockets for securing essentials, the Handheld bottle is the item every trail runner needs to keep in stock!



Shop All Running Handheld Bottles

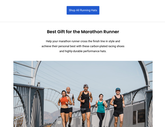
Best Gift for the Trail Runner

The trail can be challenging, and if runners aren't prepared, they can be stark tougher! Make sure your trail runner is well-prepared with the essentials they need to navigate the trail, including hydration, storage, and protection on exciting outdoor adventures.



The Splurge: Salomon Ads Skin Hydration Vest

If there is one thing that can take a runner's long-trail efforts to the next level, it's a hydration vest. The Salomon Ads Skin Vest Pack is light, easy to use, and offers convenient storage for water and supplies with comfortable fit. Some of our favorite features include the vest. This vest comes in both a S, M, and 1X, storage capacity option for stowing extra layers and gear and two dual-left Flasks. Flasks that both contain a focus the fully hydrated and energized and get the most out of their run adventure with the awesome and exceptional hydration vest.



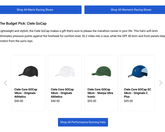
The Budget Pick: Patagonia Duckbill Hat

These performance hats by Patagonia are built for outdoor adventure. With a highly breathable mesh back panel, a pre-molding underbill is dried-sweat from the sun, an adjustable hatbill is dial-in fit, and technical fabric with a PFC-free water-resistant finish. Patagonia's Duckbill Hat is a great option for a lightweight, comfortable, and stylish hat that will keep your runner in the shade when stowed inside a pocket. With its functional design and colorways, your trail runner will be excited to rock the hat.

Shop All Men's Running Hats | Shop All Women's Running Hats

Best Gift for the Marathon Runner

Help your marathon runner cross the finish line in style and achieve their personal best with these which-shoes, which-watch-worthy, and highly-durable performance hats.



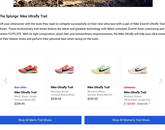
The Splurge: Nike Vaporfly

Gift your marathon runner the ultimate premium road racing shoe, the Nike Vaporfly. A plunge-worthy present, this lightweight road racing flat delivers one of Nike's greatest energy return to date.

Shop All Men's Running Shoes | Shop All Women's Running Shoes

The Budget Pick: Cole GeoCap

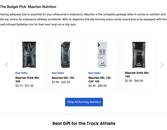
Lightweight and breathable, the Cole GeoCap makes a gift that's sure to please the marathon runner in your life. This hat's soft brim eliminates pressure points against the forehead for comfort even 26.2 miles into a race, while the UPF 50 brim and front panels help protect from the sun's rays.



Shop All Performance Running Hats

Best Gift for the Ultra Runner

These items will help your hardcore ultra runner go the distance.



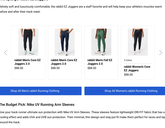
The Splurge: Nike Ultrafly Trail

Ultra-distance runners will be truly their match in comfort successfully on their own obvious with a pair of Nike Zoomx® Ultrafly Trail Shoes. These revolutionary trail shoes feature the latest and greatest technology with Nike's universal ZoomX foam cushioning and carbon-fiber plate. With its foam compression, plush feel and exceptional responsiveness, the Nike Ultrafly will help your ultra runner hit their fastest times and perform their personal best when racing on the trails.

Shop All Women's Trail Shoes | Shop All Men's Trail Shoes

The Budget Pick: Maurten Nutrition

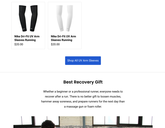
Having adequate fuel is essential for your ultra-trained endurance. Maurten is the complete package when it comes to nutrition and the top choice for endurance athletes worldwide. With its digestion-friendly formula, every runner would want to be equipped with this carb-infused hydration mix for their next long run or big race.



Shop All Running Nutrition

Best Gift for the Track Athlete

Get your track team ready to take their run to the assemblies with these must-have items.



The Splurge: adidas EZ Joggers

Entirely soft and exceptionally comfortable, the adidas EZ Joggers are a staff favorite and will help keep your athlete's muscles warm before and after their track meet.

Shop All Women's adidas Running Clothing | Shop All Women's adidas Running Clothing

The Budget Pick: Nike UV Running Arm Sleeves

Long sleeves are not your ultimate pick on performance with Nike UV Arm Sleeves. These sleeves feature lightweight DRI-FIT fabric that has a cooling effect and also offer anti-UV sun protection. Their minimal, thin design and stay-put fit make them perfect for more and hyper around the track.

Shop All UV Arm Sleeves

Best Recovery Gift

Whether a beginner or a professional runner, everyone needs to recover after a long run. Help your runner recover faster and harmlessly using massage, and pegasus cracks to the next step! Here is a massage gun or foam roller.

Shop All Percussion Massagers

The Splurge: Power Plate Pulse 2.0 Massager with Case

Light, strong, and one of the best organic vibration devices on the market, the Power Plate Pulse Massager offers convenient, personalized and targeted relief with the help of six interchangeable attachments. This percussion massager rejuvenates sore muscles, improves circulation, aids blood flow, and helps flush toxins, contributing to better all-around runners who are in better recovery period for your runner.

Shop All Percussion Massagers

The Budget Pick: Trigger Point Grid Foam Roller

Giving the gift of recovery will make any runner happy. For an affordable option, the Trigger Point Grid Foam Roller is one of the best ways to loosen muscles, get rid of soreness, and help any runner feel good day in and day out. This roller is covered in a foam grid system of varying ridges and fine dendrites, allowing your runner to choose the kind of intensity that works best for them.

Trigger Point Grid Foam Roller
$24.95

Trigger Point Grid Mini Roller
$24.95

Trigger Point Grid X Vibe Roller
$49.95

Shop All Foam Rollers

Best Running Accessory Gift

Whether they run on the roads, trails, or both, help the runner in your life keep a smooth stride and feel their workout, long ride or day off. Hit black and greatness in running technology and accessories.

The Splurge: Garmin Forerunner 265/265S GPS Watch

Its hard to pick a winner between Garmin and Apple when it comes to gifting a watch, but Garmin's watches have been around for decades and have earned their reputation for safety, and is combined with music and app capabilities and even navigation. The Garmin Forerunner 265 GPS Watch and the smaller size 265S with AMOLED touchscreen display are invaluable training tools that your recreational runner will love to sport on their every one after their. Some Garmin features of our favorite running watches are Best Apple Watch bands.

Sale
Garmin Forerunner 265 Black Band
$ 349.99 $499.99 —

Sale
Garmin Forerunner 265 White Band
$ 349.99 $499.99 —

Sale
Garmin Forerunner 265S Black Band
$ 349.99 $499.99 —

Sale
Garmin Forerunner 265S Whitestone Band
$ 349.99 $499.99 —

Shop All GPS Watches

The Budget Pick: goodr Sunglasses

It's hard to go wrong when it comes to the gift of sound accessories goodr sunglasses. Lightweight, stylish, functional, and affordable with a comfy no-slip grip, goodr sunglasses are a perfect gift for any runner. Protect your runner's peeps from the sun's harsh UV rays with a fashionable set of shades.

goodr Beach BFFs Polarized Blue Lens Long Sustainables
$75.00

goodr Circle G Polarized Black Lens Black Vs Medium
$75.00

goodr Mach G Polarized Black Lens Confetti Unicorn Ale
$75.00

goodr Mach G Polarized Black Lens Unicorn Ale
$75.00

Shop All Running Sunglasses

Best Stocking Stuffers

In running, the little things make all the difference. And with gift giving, big things come in small packages. Go beat your runner to one of these small-in-meaningful gifts that make a BIG difference in the quality of their run.

SmartWool Active Fleece Wind Gloves
$44.00 $55.00 —

Shop All Running Gloves

The Budget Pick: Features Elite Light Comfort Socks

The perfect complement to a great gift of running shoes, everyone needs an all-around, antibiotic, comfortable pair of socks. The Features Elite Light Comfort Socks are lightweight and provide cushioning for the perfect fit. Its grid-like design is soft, supportive, and a non-slip rib. These socks are moisture-wicking and high-quality construction

Smartwool Run Cold Weather Targeted Cushion Crew Socks
$21.95 ~~$23.00~~ *

Smartwool Run Cold Weather Targeted Cushion Crew Socks
$21.95 ~~$23.00~~ *

Smartwool Run Targeted Cushion Ankle Socks
$20.95

Smartwool Run Targeted Cushion Ankle Socks Black
$19.95 ~~$21.00~~ *

Shop All Natural Fiber Running Socks

Shop All Men's Sustainable Clothing & Gear

Shop All Women's Sustainable Clothing & Gear

Best Gift for Every Runner

Treat the runner in your life to new gear that keeps them pounding those streets and trails and supporting their cross-training efforts at the gym.

Running Warehouse Gift Card

For a gift that every runner is guaranteed to love, you can't go wrong with a gift card from Running Warehouse. Choose the monetary amount you desire and select your delivery preference (via mail or email) for a quick and easy process. We offer free shipping and returns, and our exceptional customer service team is always ready to partner with you and assist with your shopping needs.

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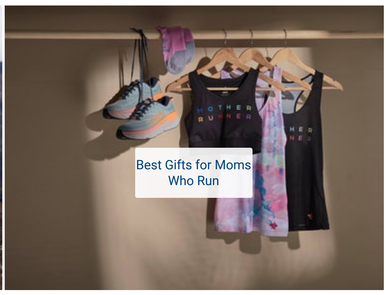

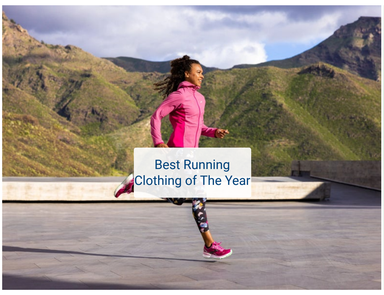

Author: Caroline

Caroline is a lifelong, avid runner who enjoys the outdoors. Whether on the road or on the trail, running or hiking, being surrounded by the sights and sounds of nature is her ultimate happy place. Read More From Caroline

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**Price matching restrictions vary by brands. Contact us for details.

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