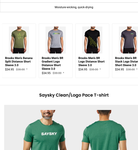
Best Men's Running Short Sleeve Shirts of 2024

Updated: April 1, 2024

When the temperatures start to climb, it's time to swap out the clothes in your closet and throw on a short-sleeve tee. Whether you're looking for a performance tee for trail running, long training, a day workouts or the gym, or maybe you're on a jaunt to find a quality running shirt with lightweight, quick-drying materials, and smooth seams to avoid any heat rubbing or chafing. Several running shirts also provide features like added sun protection or reflective elements to help you remain visible from survey or sunshine. Check out our expertly hand-selected top picks for men's running shirts for every day use, and comfortable on warmer weather runs.

Best Men's Running Shirts of 2024
Brooks Distance Graphic 3.0 Short Sleeve
Sayoky Clean/Logo Pace T-shirt
Nike Dri-FIT Rise 365 Short Sleeve
Nike Dri-FIT UV Miler Short Sleeve
Patagonia Capilene Cool Trail Shirt
rabbit High Country Short Sleeve
rabbit EZ Tee Short Sleeve
Vuori Strata Tech Tee/Polo
Under Armour Launch Tee

Brooks Distance Graphic 3.0 Short Sleeve



With its stylish graphic prints, we can't help but fall hugs over this running shirt in the Brooks Distance Graphic 3.0 Short Sleeve. The crewneck tee has maximum air capacity features and fully breathable mesh, while a flat stitch allows for unrestricted movement. You're ready to step into the race couple with fabric and comfortable fit that offers free control and allow for versatile wear. Add style and a smile to your daily training with the Brooks Distance Graphic 3.0 Short Sleeve.

Highlights:

- Lightweight, soft-hitz fabric
- Crewneck
- Locker loop for hanging dry
- Semi-fitted
- Smooth seams
- Moisture-wicking, quick-drying

Brooks Men's Green Split Distance Short Sleeve Tee	Brooks Men's Black/Light Gingham Logo Distance Short Sleeve Tee	Brooks Men's Off Logo Distance Short Sleeve Tee	Brooks Men's Off Black Logo Distance Short Sleeve Tee
$34.99 $29.99	$34.99 $29.99	$34.99 $29.99	$34.99 $29.99

Sayoky Clean/Logo Pace T-shirt

Sustainably made with a dark design, the Sayoky Pace T-shirt is built for high-performance output. The shirt's lightweight recycled polyester material fades with the heat, and the moisture-wicking fabric offers breathability to keep you cool and comfortable as you speed ahead. With its streamlined look, a wide range of colorways, and exceptional performance, the Sayoky Pace T-shirt will keep up the pace with you all run long.

Highlights:

- Soft, lightweight
- Crewneck
- Logo branding
- Brushed interior, raglan sleeves on Clean Pace
- Regular fit
- Moisture-wicking
- Sustainably made

Sayoky Men's Logo Pace T-Shirt	Sayoky Men's Logo Pace T-Shirt	Sayoky Men's Core Clean Pace T-Shirt	Sayoky Men's Core Clean Pace T-Shirt
$60.00	$60.00	$60.00	$60.00

Nike Dri-FIT Rise 365 Short Sleeve

If you prefer a loose, cross-training fit, the Nike Men's Dri-FIT Rise 365 is your go-to shirt. The extra-roomy cut of the Nike Rise 365 always rises to the occasion by offering lightweight coverage and delivering on performance. Now updated with enhanced breathability, the shirt features a unique mesh back panel that's high-heat zones to keep you cool as you run hard up, the sun has set the heat and hit the trails. The soft, shirt offers a stretchy soft, not-to-skin feel and the stepped-in flat seams ensure any and every movement is comfortable.

This is great lightweight shirt sleeve that season tee no matter is the cool or shoulder wear. When underlying the shirt hold the collar soft and protective inside tank composed to other short sleeves. It also dries sweat quickly, doesn't cling to my chest, and provides a great range of motion on the shoulders. I wear this shirt for running and other workouts and highly recommend it as a staple in any athletic wardrobe." Alyson, Running Warehouse Contest Editor

Highlights:

- Soft, lightweight fabric
- Breathable, open-hole knit
- Chevron design
- Side slits
- Standard fit
- Reflective elements
- Quick-drying fabric
- Sustainably made 100% recycled polyester

Nike Men's Sunrise Dri-FIT Rise 365 Short Sleeve	Nike Men's Dri-FIT Run Energy 365 Rise 365 Short Sleeve	Nike Men's Dri-FIT Run Energy 365 Rise 365 Short Sleeve	Nike Men's Spring Dri-FIT Rise 365 Short Sleeve
$54.99	$54.99	$54.99	$54.99

Nike Dri-FIT UV Miler Short Sleeve

When you need sun protection on your daily runs, Nike's UV Miler Short Sleeve has your back. The UV Miler returns with a longer cut and a lightweight, breathable fabric that's designed to keep you cool and comfortable. The Nike Dri-FIT technology in this lightweight fabric has a crew-neck that's cut to provide maximum sun protection. Nike's Dri-FIT technology moves sweat away from your skin for quicker evaporation, helping you stay dry and comfortable as you work up a sweat. Best of all, with UV50 and UVB sun protection and reflective elements, the short sleeve tee's cross-back design is one of the best features of everything you wear in a morning shirt.

Highlights:

- Ultra-lightweight, breathable material
- Mesh Tech, fit-to-form
- Crewneck, design
- UVB and UVB sun protection fabric
- Dropped rear hem with side slits
- Reflective elements
- Relaxed fit
- Moisture-wicking, quick-drying fabric

Nike Men's Spring Dri-FIT UV Miler Short Sleeve	Nike Men's Spring Dri-FIT UV Miler Short Sleeve	Nike Men's Spring Dri-FIT UV Miler Short Sleeve	Nike Men's Spring Dri-FIT UV Miler Short Sleeve
$54.99	$54.99	$54.99	$54.99

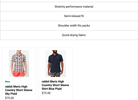
Patagonia Capilene Cool Trail Shirt

Whether on the road or hitting the trails, the Patagonia Capilene Cool Trail Short Sleeve is your perfect running companion. From its ingenious design and flatlock seams to its underarm grosses, we love that this tee is built with ultra-fine comfort in mind. This shirt's lightweight, moisture-wicking fabric keeps you comfortable and dry, and its UPF 50 sun protection shields you from sun exposure and longer-lasting freshness. You'll thank her for supplying the audience by keeping it light, cool, and sweat in Patagonia's Capilene Cool Tee.

Swing with the radical 12. Yes, the Patagonia Capilene is my my favorite short-sleeved shirt. Both tees are super lightweight, soft, and breathable." Lousie, Running Warehouse Product Coordinator

Highlights:

- Ultra-soft, synthetic-cooling tee
- Comfortable jersey-knit crewneck
- Flatlock seams and underarm grosses for shade-free comfort
- Locker loop for hanging dry
- Tagless design
- Regular fit
- Neck-flatter, soft, zero-tension, sustainable fabric
- Indoor-lockoff for added softness
- Moisture-wicking, quick-drying fabric
- Fair Trade certified



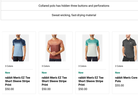
Patagonia Men's Capilene Cool Daily Short Sleeve	Patagonia Men's Core CG Capilene Cool Trail Shirt	Patagonia Men's Core CG Capilene Cool Trail Shirt	Patagonia Men's Core CG Capilene Cool Trail Shirt
$43.00	$49.00	$49.00	$49.00

rabbit High Country Short Sleeve

Front hold zone and bikes to daily commutes and ascent cases with friends, rabbit's High Country Short Sleeve is up for any adventure. Comfortable, stylish, and lightweight, this collared shirt features front metal snaps for easy tapping and a perforated back panel for cooling ventilation. Two front snap pockets can securely store your essentials on the go. Bar tacks the stretchy performance material and the all-over plaid design allows for versatile wear. With rabbit's high country shirt, performance plaid meet modern-so good!

Highlights:

- Super lightweight
- Collared, front metal snaps
- Perforated back panel
- All-over plaid design
- Two front snap pockets
- Stretchy performance material
- Semi-relaxed fit
- Shoulder-width fits-suites
- Quick-drying fabric



New	
rabbit Men's High Country Short Sleeve Sky Blue	rabbit Men's High Country Short Sleeve Sky Blue
$75.00	$75.00

rabbit EZ Tee/Polo

There are just some shirts that are consistently team for time and time again because of how soft and comfortable they feel the moment we put them on, and the rabbit EZ Tee Short Sleeve is definitely one of them. A stiff favorite, we love the buttery soft and stretchy fabric and the comfortable fit that's not too tight or too loose. The rabbit EZ Tee Short Sleeve is a great, versatile, and exceptionally soft. With its anti-chafe seams and moisture-wicking material, the EZ Tee and EZ Polo Cloth a hidden dissociation critical will always maintain your comfort that's as you break a sweat. Constructed with rabbit's Good-to-Wear-It 75 stretchy fabric, this shirt is designed to withstand the rigors of your most demanding workouts and adventures. Whether you're looking for a comfortable experience the nothing's will fabric against your skin, you will want to take full off, never after you have finished your workout.

"This is always the first shirt I reach for when I throw a load of laundry. It's lightweight, factory soft, stretchy, and flawless been can performance all year the body is allow for maximum airflow." David, Running Warehouse Marketing Strategist

Highlights:

- Buttery-soft and stretchy, lightweight fabric
- Crewneck and collared options
- Tailored fit
- Raglan sleeves for easy movement
- Flatlock seams for chafe-free comfort
- Reflective logo
- Collared polo has hidden three buttons and perforations
- Sweat-wicking, fast-drying material

New	New	New	New
rabbit Men's EZ Tee Polo Cloud Chevron Stripe Print	rabbit Men's EZ Tee Polo Cloud Chevron Stripe Print	rabbit Men's EZ Tee Polo Cloud Chevron Stripe Print	rabbit Men's Core EZ Polo
$84.00	$84.00	$84.00	$84.00

Vuori Strata Tech Tee/Polo

The Vuori Strato Tech Tee and Strato Tech Polo are versatile performance shirts that can carry you from daily workouts to the office to a night out on the town. We love the lightweight feel and polished look, making this top just as stylish as it is comfy. Its athletic fit design is also the Goldilocks of tees—not too tight or too loose—allowing you plenty of mobility and freedom of movement thanks to its four-way stretch fabric that moves with you. As a bonus, both the Strato Tech Tee and Polo offer UPF 30+ sun protection to shield your skin from harsh rays. With its sleek colors and reliable performance, the Strato Tech is a wardrobe staple. Try it on yourself and experience the perfect blend of luxury and comfort that it has to offer.

Highlights
Crewneck and collared options
Super soft, 4-way stretch
Performance knit fabric
Flatlock seams for chafe-free comfort
Anti-odor, moisture-wicking
UPF 30+ sun protection
Athletic fit

Vuori Men's Spring Strato Heather Tech Tee
$54.00

Vuori Men's Spring Strato Tech Polo
$64.00

2 Colors
Vuori Men's Spring Strato Tech Polo Heather
$64.00

2 Colors
Vuori Men's Spring Strato Tech Polo Heather
$64.00

Under Armour Launch Tee

From daily workouts to cross-training, the Under Armour Launch offers the versatility to keep up with you and not let you down. We love the invitingly soft and lightweight material that stays comfortable, even as you start to sweat, and the budget-friendly price point that doesn't break the bank. This technical tee is also constructed with quick-drying and anti-odor properties to ensure lasting comfort and freshness. With its quality value and variety of vibrant colors available, you may find yourself picking up more than one.

Highlights
Soft, lightweight, breathable
Crewneck design
Streamlined fit
Reflective elements
Overlapped hem for ventilation
Anti-odor technology
Moisture-wicking, fast-drying material

2 Colors
Under Armour Men's Spring Launch Tee
$35.00

2 Colors
Under Armour Men's Spring Launch Tee
$35.00

4 Colors
Under Armour Men's Launch Tee
$35.00

4 Colors
Under Armour Men's Launch Tee
$35.00

BOA Running Warehouse

Designed by Running Warehouse in collaboration with BOA, this fun and budget-friendly running shirt features a classic crew neck construction with a wide range of eye-catching colorways to mix and match with your training gear. For casual hangouts and treks, you can represent your favorite online running retailer and be an honorary part of our happy running crew. And on orders over $50, this shirt is available for only $12!

Highlights
Crewneck
Colorful prints
Logo branding on the front and back

3 Colors
BOA Men's Running Warehouse Short Sleeve
$19.95

3 Colors
BOA Men's Running Warehouse Short Sleeve
$19.95

3 Colors
BOA Men's Running Warehouse Short Sleeve
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3 Colors
BOA Men's Running Warehouse Short Sleeve
$19.95

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Written by Caroline

Caroline is a lifelong, avid runner who enjoys the outdoors. Whether on the road or on the trail, running or hiking, being surrounded by the sights and sounds of nature is her ultimate happy place.

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